

LVL5 Seminar: Bill Cooper's Awesome Secret Competition Move



Gazzy (left) with 2 of her LVL5 Students

October 17th, 2009
2:00 - 6:00pm
"Shallow Half-Guard" Seminar
by
Bill "The Grill" Cooper

*100% Original Championship Moves**



Bill Cooper in Championship Mode

Seminar Schedule

- 2:00-2:30 Secrets of Bill Cooper's Personal Stretching & Warm-Up Techniques
Instruction and Participation
- 2:30-3:00 Secret Strategies, Overall Movements, & Thoughts during a Match
How to Approach and Engage an Opponent, Strategies for Dominating & Winning
- 3:00-5:00 Secret Championship Moves
Instruction and Participation in Bill Cooper's Proven "Money Moves"
- 5:00-6:00 Rolling with "The Grill"
Volunteers will have a chance to roll one-on-one with Bill Cooper himself
- 6:00-8:00 Q & A, Autographs, Pictures, & BBQ (all invited) BillCooper.doc

Cost: \$100* Space Limited
\$85 before October 12th, 2009 (with payment)
\$75** children 14 years old and under (in 8th grade or lower)

- * Includes the seminar, BBQ, and ONE FREE MONTH of training (VIP Voucher for seminar attendees)
- ** Multiple siblings from same family qualify for additional discounts. Sign up at LVL5 today!

Date: Saturday, October 17, 2009: 2:00-6:00 pm
Location: 4127 30th Street, San Diego, CA 92104, www.LVL5BJJ.com
World Champion, Gazzy Parman's LVL5 Martial Arts & Fitness
"Home of San Diego's Best Children's Jiu-Jitsu Program"
Contact: Gazzy Parman @ 619-282-5855 (LVL5)



Bill "The Grill" Cooper in Championship Mode

Bill Cooper's Accomplishments (shortened)

Promoted to Black Belt at Age 20!!!
Multiple Championships, US & Int'l
2009: UFC 100 Fan Expo Champion
22x Grapplers Quest Champion
2009: IBJJF Pan-American, Silver Medalist
(Gi & No-Gi Absolute)
2008: IBJJF World Championship Silver Medalist
2008: IBJJF U.S. Open Silver Medal
GI Grappling Impact Champion (Tokyo, Japan)